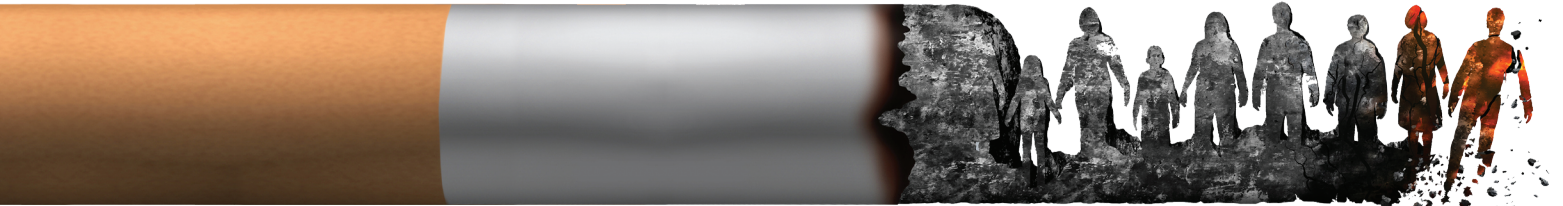


We Can Help You Become A QUITTER!



FREE INFORMATIONAL SEMINARS

WHEN:

6:30-8:00 pm

- Thursday, January 11, 2024
- Thursday, April 11, 2024
- Thursday, September 19, 2024

WHERE:

Covenant HealthCare Mackinaw
5400 Mackinaw
Third Floor Conference Room A
Saginaw, Michigan 48604

Space is limited.

To reserve your seat, call

1.866.COVENANT

(1.866.268.3626)

Sure it can be difficult. That's why Covenant HealthCare is here to help you. Attend one of our seminars and learn what it takes for you to become a quitter.

- Gather information on ways you can successfully quit smoking.
- Check your lung health status with on-site respiratory screening tools.
- Learn from the Covenant Respiratory Therapy staff the importance of a tobacco-free life.
- Sign up for free Smoking Cessation Classes or a more personal plan.
- All seminars are open to the public.

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